



IN-SCHOOL GOLF
ASSOCIATION

Performance Standards

NASPE Standard 1

Movement

ISGA Standards

- Students demonstrate safe practices while involved in a golf class.
- Students demonstrate proper loco-motor skills and movement patterns in striking a golf putt.
- Students demonstrate proper loco-motor skills and movement patterns in striking a golf shot.
- Students demonstrate development of strategies to execute specific situational golf shots.
- Students demonstrate development of proper rhythmic movements in golf swings of all types.
- Students explain the correct usage of specific movements in the golf and putting swing.

ISGA Outcomes

- Students flawlessly observe clear safe behavior guidelines.
- Students demonstrate proper grip, set-up, and positioning for putting.
- Students demonstrate proper grip, set-up, and positioning for various swing lengths.
- Students demonstrate proper putting stroke incorporating touch and rhythm.
- Students demonstrate proper stroke for varying swing lengths.
- Students demonstrate increased accuracy and distance management in striking putts.
- Students demonstrate distance management skills for full shots.

NASPE Standard 2

Movement, Strategic, and Tactical Concepts

ISGA Standards

- Students apply the concepts related to personal and spatial awareness
- Students demonstrate a knowledge of golf-specific terminology
- Students demonstrate a knowledge of golf rules
- Students demonstrate a knowledge of golf etiquette
- Students demonstrate a knowledge of golf scoring
- Students identify components of a golf swing
- Students demonstrate the ability to accept feedback and improve performance

ISGA Outcomes

- Students apply self-monitoring skills to ensure safety in all golf situations
- Students identify golf course parts, golf club parts, some very basic history
- Students provide performance feedback to peers
- Students utilize performance feedback from teachers, peers, and their own results to improve.
- Students identify key elements of proper set-up, swing, and putt.
- Students demonstrate knowledge of golf rules.
- Students demonstrate knowledge of golf etiquette.
- Students demonstrate knowledge of golf scoring.
- Students describe process of transferring weight properly when hitting a golf ball.

NASPE Standard 3

Regular Participation in Physical Activity

ISGA Standards

- Students are made aware of opportunities in the community for golf participation
- Students demonstrate the ability to perform movements that help succeed in golf or other sports

ISGA Outcomes

- Students can name nearby facilities and junior golf programs
- Students demonstrate proficiency in balance, rhythm, weight transfer, and leverage in hitting an object.

NASPE Standard 5

Personal and Social Behavior

ISGA Standards

- Students demonstrate regard for others' safety and enjoyment with little oversight
- Students demonstrate sharing skills

- Students demonstrate responsibility and leadership in class setting
- Students apply rules of the competitions without oversight
- Students respect and appreciate differences in ethnicity, ability, size and strength, gender, and disability.

ISGA Outcomes

- Students follow safety rules and participation rules with little oversight.
- Students share equipment graciously
- Students show appreciation for others' efforts and offer encouraging comments
- Students recognize that golf is a sport played against one's self, and that focusing on one's own improvement is the objective.

NASPE Standard 6

Students' Value of Physical Activity

ISGA Standards

- Students understand the positive social impact of golf to their lives.
- Students understand the positive psychological impact of golf to their lives.
- Students understand the life-long participation golf offers.
- Students understand the character-building aspects of golf.

ISGA Outcomes

- Students value the personal aspect of golf performance – they play against themselves.
- Students value the ability to compete on an equal basis on a playing field with others of greater or lesser athleticism.
- Students value the opportunity to socialize with others regardless of gender or ethnicity in an enjoyable activity within a relaxing setting.
- Students anticipate challenging themselves for a lifetime to become the best player on any given day that they can be, regardless of competition, age, or ability.